



The Holistic Hen

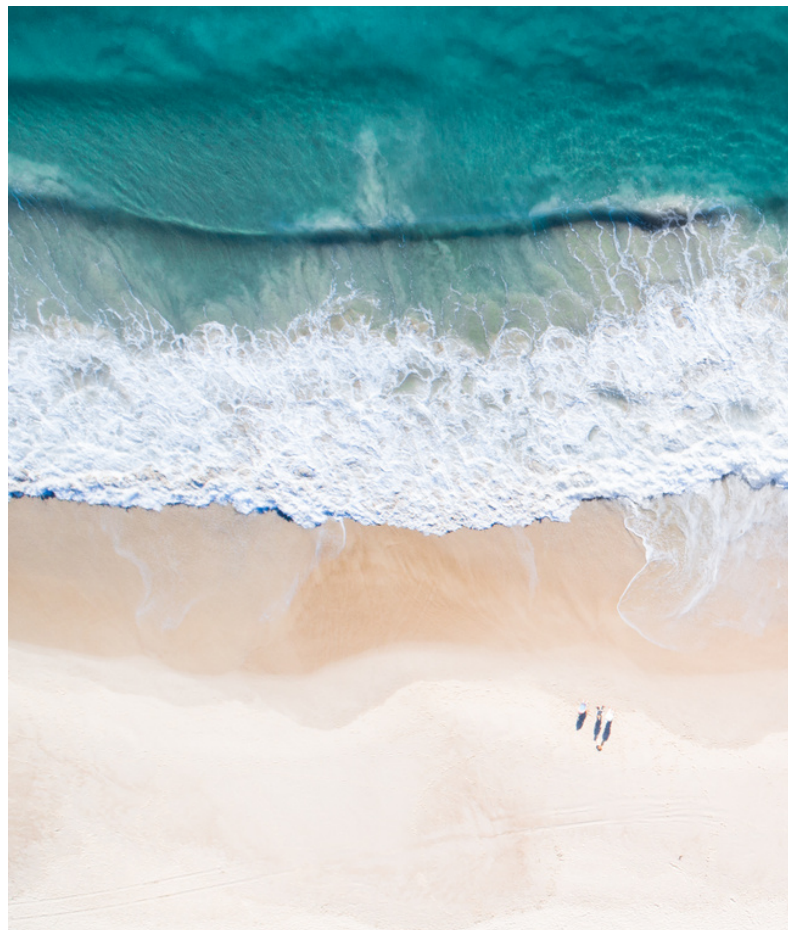
Weekend Retreat Packages



GIN & YIN
VINEYARD ESCAPE

DUNSBOROUGH
DREAM

YALLINGUP
RETREAT



GIN & YIN RETREAT

Margaret River - All Inclusive

Enjoy an all-inclusive weekend escape to Margaret River. Staying in the town centre, your group will enjoy a rejuvenating getaway including yoga sessions, gin cocktails, delicious food and relaxation time.

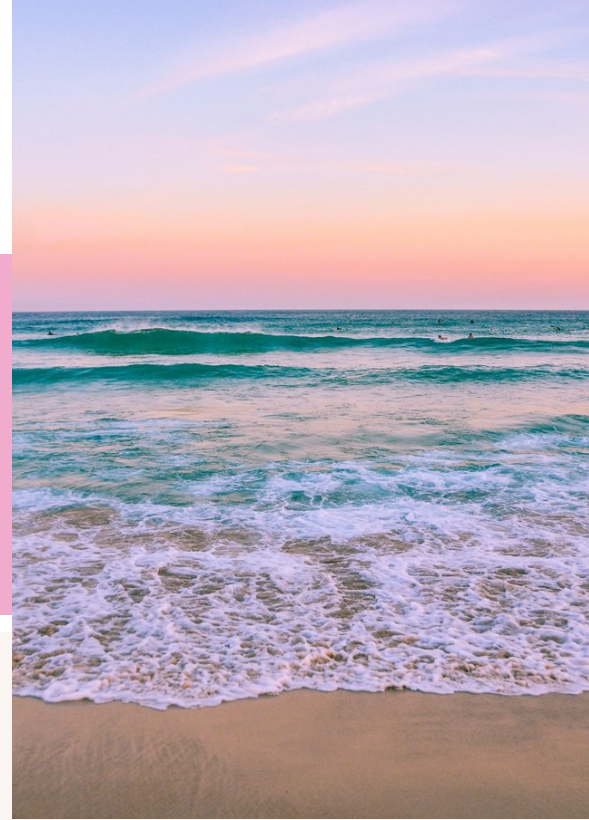
This all inclusive package includes:

- Two Nights Accommodation
- One Delicious Breakfast
- One Bloody Mary Brunch
- Lunch at the Brew House
- Dinner Friday Night
- Gourmet Grazing Board
- Two Yoga Sessions
- Gin or Vodka Cocktail
- Local Gin Trail Guide

PACKAGE PRICE

From \$500pp (Group of 2 - 3)
From \$400pp (Group of 4 or more)

DUNSBOROUGH DREAM



ULTIMATE GIRLS WEEKEND

Our most popular retreat is the epitome of fun. It's the getaway. A little bit of fitness, a lot of laughter, and memories that'll last a lifetime.

- * 2 Nights in a Villa (3 nights mid week)
- * 2 Delicious Breakfasts
- * Sparkling on Arrival
- * Injidup Natural Spa & Aquarium Maps

Choice of 1 Activity:

- 2 Course Lunch @ Amelia Park Rest.
- 2 Course Lunch @ Aravina
- Chef's Selection Lunch @ Wise
- Massage or Facial (45 minutes)
- Tarot or Psychic Readings
- Male Life Drawing Class
- Surf or SUP lesson
- Jetboat Tour
- Half Day Wine Tour
- (upgrade to a full day with lunch \$30pp)
- Styled Beach Picnic
- Spice & Cooking Class inc Dinner

Choice of 2 Classes:

- Yoga
- Pilates
- Sip & Stretch
- Release & Recovery
- Guided Meditation
- Wine & Cheese Pairing
- Gin Tasting
- Infrared Sauna
- Guided Trail Hike (min 8 ladies)
- Raw Treat Platter
- Gourmet Grazing Board
- SUP Hire

PACKAGE PRICES

Regency Beach Club

\$400 pp (Group of 6 or more)

\$420 pp (Group of 5)

\$460 pp (Group of 4)

*Available most weekends (except long weekends and school holidays).



YALLINGUP RETREAT

All Inclusive

If a weekend of yoga, meditation, and delicious food is what you're looking for, then the Premalaya Retreat in Yallingup is exactly what you need.

This all inclusive package includes:

- 2 Nights (2 Bedroom Chalet)
- Sparkling on Arrival
- 2 Delicious Breakfasts
- Ayurvedic Dinner Friday
- Gourmet Grazing Board
- Two Course Lunch at Amelia Park
- Yoga session
- Meditation session
- Aquarium & Injidup Natural Spa Guides

PACKAGE PRICE

\$420pp (Group of 4, 6 or more)

\$500pp (Group of 3 or 5)

\$600pp (Group of 2)

VINEYARD ESCAPE

Spend your weekend at the beautiful and secluded Yungurra Estate in the heart of Yallingup. Surrounded by a gorgeous vineyard, this unique estate with ocean views is perfect for small or large groups of friends to come together for a weekend away from it all.

Explore the vineyards, taste fine wines and enjoy all your meals included in this fun and perfectly balanced getaway.

This all inclusive package includes:

- Two Nights at Yungurra Estate
- Two Delicious Breakfasts
- Sparkling on Arrival
- Injidup Natural Spa & Aquarium Maps
- Dinner at Caves House
- Full Day Wine Tour
- Lunch at Black Brewing
- Gourmet Grazing Board

PACKAGE PRICE

\$450pp (Group of 5 or more)

\$500pp (Group of 4)

\$600pp (Group of 2 or 3)

*Not valid school holidays or long weekends.

