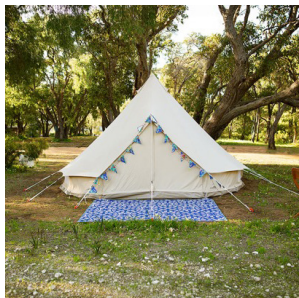




The Holistic Hen

GIRL'S *Weekend Retreat* PACKAGES

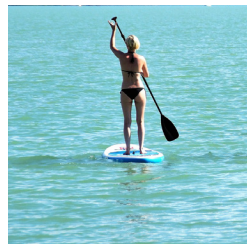
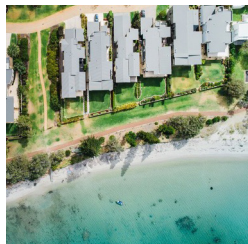


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DOWN SOUTH | FREMANTLE | ROTTNEST | SWAN VALLEY

Down South



DUNSBOROUGH RESORT WEEKEND

- Two Nights in a Villa
(3 nights May-Sept)
- Two Breakfasts
- Sparkling on arrival
- Guides to Secret Swimming Spots
- Choice of **Two** Classes
 - Yoga
 - Pilates
 - Champagne Pilates
 - Wine & Cheese Pairing
 - Gin Master class
 - Bubbles Master class
 - Release & Recovery Session
 - Meditation

- Choice of **One** Activity
 - 2 Course Lunch at Aravina
 - 2 Course Lunch at Wise Winery
 - Indian Spice & Cooking Class
 - Styled Beach Picnic
 - Surf or SUP lesson
 - Horse Trail Ride
 - Male Life Drawing Class
 - Makeup Class
 - Cocktail Class
 - Tarot or Psychic Readings

Regency Beach Club

\$360pp (group of 6 or more)
\$400pp (group of 5)
\$450pp (group of 4)

Geographe Cove Resort

\$360pp (group of 4)
\$400pp (group of 3)
\$450pp (group of 2)

ALL-INCLUSIVE GLAMPING WEEKEND

- 2 Nights Glamping in Yallingup
- Two Breakfasts
- Sparkling on arrival
- Dinner at Caves House
- Lunch at Wise Winery
- Gin or Bubbles Masterclass
- Yoga or SUP hire
- Gourmet Grazing Board
- Aquarium & Injidup Spa Guides

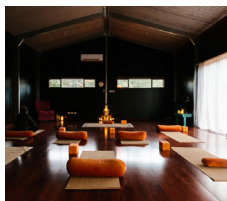
\$450 per person (Group of 3 or more)

\$500 per person (Group of 2)



ALL-INCLUSIVE YALLINGUP RETREAT

- 2 Nights (2 Bedroom Chalet)
- Two Breakfasts
- Sparkling on arrival
- Ayurvedic Dinner Friday night
- 2 Course Lunch at Aravina Estate
- Gourmet Grazing Board
- Yoga session
- Meditation session
- Cold Pressed Juice
- Aquarium & Injidup Natural Spa Guides



Premalaya Retreat

\$400 per person (Group of 4)

\$450 per person (Group of 3 or 5)

\$500pp (Group of 2)

The Freo Fling



- Two Nights Accommodation
- Two Breakfasts
- Sparkling on arrival
- Choice of **Two** Activities
 - Sunset Gin Tasting
 - Yoga Session
 - Meditation Session
 - Chocolate Tapas & Churros
 - Champagne Pilates*
 - Brewery Tour & Tasting
 - Full Day Bike Hire
 - Cheese Fondue & Wine

- Choice of **One** extra activity
 - 2 Course Lunch or Dinner
 - Escape Room Experience
 - Manicure & Pedicure
 - Tarot & Palm Reading
 - High Tea @ The Esplanade
 - Comedy Night @ Creatures
 - Wine & Cheese Tasting Evening*
 - Floatation Therapy*
 - Male Life Drawing Class (min 6)

*surcharge for groups under 4 (please enquire)

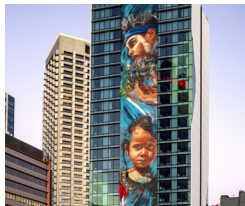
Be. Fremantle Apartments

\$400pp (min 4)

Esplanade Hotel Fremantle by Rydges

\$400pp (min 2)

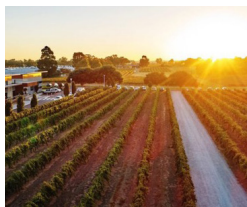
Perth-ect Escape



- 1 or 2 Nights at The Adnate (Twin Share)
- Breakfast Each Morning
- Sparkling on Arrival
- Saturday Pool Club with DJ
- Late 5pm Check Out
- Choice of 1 of the following:
 - Signature Cocktail
 - Punch Bowl
 - Champagne Pilates
 - Pilates
 - Yoga
 - Meditation
 - Spin for Gin Wheel

- Choice of **One** Extra Activity
 - Hyde Feast Lunch with Bubbles
 - Hyde Feast Dinner with Bubbles
 - 60 Minute Massage
 - Mani and Pedi
 - Comedy Night with Bubbles
 - Cocktail Masterclass
 - Rooftop Movie & Bottomless Popcorn
 - High Tea @ The George
 - Tarot Reading
- 1 Night - \$250pp (3 or more)
- 2 Nights - \$360pp (3 or more)

Swan Valley Soirée



- Two Nights Accommodation
- Two Breakfasts
- Sparkling on arrival
- Choice of **Two** Classes
 - Yoga
 - Pilates
 - Champagne Pilates
 - Meditation
 - Wine & Chocolate Pairing
 - Wine Tasting & Cheese Platter
 - Kayak Hire
 - Cider Tasting Paddle
 - Happy Hour Cocktails

- Choice of **One** Extra Activity
 - 2 Course Lunch at Winery
 - 2 Course Dinner at Winery
 - Food & Wine Tasting Flight
 - High Tea
 - Manicure & Pedicure
 - Horse Trail Ride
 - Tarot or Psychic Readings

The Vines Resort

\$360pp (Group 6 plus)
\$400pp (Group 2 - 5)

Mandoon Estate

\$400pp (Group 6 plus)
\$450pp (Group 2 - 5)